

## Transcript

### Patroller Meets Alumni Series - Lizzie & Vani - Episode 3

00:00:00 - 00:00:10

[Upbeat Music]

[Video: *Science instruments are shown and then a woman walks up to a CAA memorabilia board and posts a newspaper article.*

*The woman, Elizabeth, walks away from the wall and towards the camera]*

Elizabeth/Lizzie >> Hi my name is Elizabeth and I'm a current Masters of Environmental Sustainability student.

00:00:10 - 00:00:49

[Upbeat music plays]

[Animation: *A variety of hobby related images such as drums, books, and science equipment show and float around the screen.*]

[Text on Screen: *Alumni meet Patrollers Episode 3 - Lizzie and Vani]*

[Video: *Elizabeth is sitting at a table with her lunch in a lunchroom. Vani walks in and joins her at the table.*]

Elizabeth >> Hi I'm Lizzie nice to meet you.

[Text on Screen: *Lizzie - Alumnus]*

Vani >> I'm Vani, nice to meet you.

[Text on Screen: *Vani - Patroller]*

Lizzie >> How are you doing?

Vani >> I'm doing good. Are you a foot patroller?

Lizzie >> Well not currently, I used to be a patroller. I used to be a bus patroller.

Vani >> Did you like being a patroller at the time?

Lizzie >> I loved being a bus patroller. Yeah it was such a huge sense of responsibility, and it gave me so much pride to know that I was helping the younger students at the school. It was incredible. I loved every minute of it.

Vani >> Were you seen as a leader?

00:00:49 - 00:01:02

[Animation: *Red swirls are used to transition to the next scene*]

[Video: *Photos that are posted on the CAA memorabilia wall are shown. The shot then transitions to show Lizzie talking on her own.*]

Lizzie >> Definitely, yeah, and I think those characteristics that I gained during that time have stuck with me through the rest of my life. I take those skills with me, and I try and be as confident and outgoing and responsible as I can and just be a leader for others.

00:01:02 - 00:01:11

[Animation: *Colourful swirls are used to transition to the next scene*]

[Video: *A close up of a pair of blue medical gloves being put on is shown and then a test tube filled with a blue liquid is shown. The scene then goes back to Lizzie and Vani in the lunchroom*]

Vani >> What did you find rewarding about being a patroller?

Lizzie >> I think being able to help people was the most rewarding thing for me.

00:01:11 - 00:01:49

[Video: *There are a number of transition shots between a red Bristol board having photos of Lizzie receiving an award from CAA placed on it, Lizzie and Vanni in the lunchroom and Lizzie talking to the camera*]

Lizzie >> So, knowing that I was in this position because I was a leader, and I was responsible, and was given this position so that I could help people if they so that I could help people if they needed to, and then knowing that, in the time of need, and when there was actually an incident, I was able to help someone was really satisfying and self fulfilling, for sure. In grade five, one afternoon, we were riding home on the bus and one of the kindergarten students at the front of the bus fell going around a turn and hit his head and there was a turn and hit his head and there was a big gash and it started bleeding. So I went over, grabbed some Kleenex, applied some pressure, calmed him down. I didn't really think twice about it, just as another day, did what I could to help.

00:01:49 - 00:02:11

[Video: *Lizzie shown on her own talking to the camera and then is shown placing her award, and other framed memorabilia on a red table. The red bristol board with the photos is shown again*]

Lizzie >> And then that summer at graduation, I found out that I had won the Patroller of the Year Award.

[soft music is playing]

00:02:11 - 00:02:52

[soft music continues]

[Video: *Science related items like a model atom and test tubes with red and blue liquid are shown. The two test tubes are combined into one making a purple liquid.*]

*Lizzie and Vani are then shown in a science lab and they are wearing white lab coats. Lizzie and Vani are measuring and pouring different liquids together for a science experiment*]

Lizzie >> Okay Vani, are you ready to do a science experiment?

Vani >> Yeah, I'm so ready.

Lizzie >> Yeah, Okay. So, first we're going start with pouring the water in. And what's favorite thing about being a patroller?

Vani >> I like helping people and like making sure they're safe.

Lizzie >> Would you do it again next year if you could?

Vani >> Probably, yeah.

Lizzie >> Yeah?

Lizzie >> And if you could tell next year's patrollers something that's your favorite thing about the program, why they should do it, what would you tell them?

Vani >> That it makes other people feel better.

Lizzie >> Yeah, that's awesome. Okay, so we're going to colour this. Do you want to grab food colouring?

00:02:51 - 00:03:03

[Video: *Lizzie and Vanni are back in the lunchroom*]

Vani >> Do you think being a patroller influenced your career choice?

Lizzie >> You know the sense of helping people was ingrained in me, and so now, rather than helping people directly on a one-on-one basis, I've decided I want to help people by saving the world from climate change.

Vani >> That's great.

00:03:03 - 00:03:15

[Video: *Lizzie and Vani are standing in a large room with a large table in the middle of it. In the middle of the table is a large beaker. Lizzie pours the last liquid into it and the mixture foams and explodes out the top of the beaker turning several different colours*]

Lizzie >> You ready?

Vani >> Yeah.

[Music]

Vannie >> Woah!

Lizzie >> Amazing!

00:03:15 -- > 00:03:31

[Video: *Lizzie and Vani are in a room with various safety symbols practicing the Safety Patroller movements*]

Lizzie >> It is one of the best experiences I've had in my life, and has really shaped me, who I am as a person today, and I think it honestly teaches you responsibility, leadership skills to become a role model and confidence as well, which is really big.

00:03:31 - 00:03:46

[Animation: *Blue and green swirls are used to transition to the next scene*]

[Video: *The overflowing science beaker is shown with Lizzie and Vanni in the background*]

Lizzie >> How cool is that?

Vani >> Oh so cool.

Lizzie >> Well thank you for hanging out with me today. It was super nice to meet you.

Vani >> It was super nice to meet you too.

00:03:46 - 00:03:50

[inspirational music plays]

[Animation: *A white background appears with the CAA logo in the middle*]

[Text on screen: *School Safety Patrol*]

[Small Text on Screen: *©CAA trademarks are owned by, and use is authorized by, the Canadian Automobile Association.*]